

Social Services

Disabled Children's Team If your child has a disability and you need help, ask to speak to a Duty Officer for information and advice.		
Newport 01633 656656 children.duty@newport.gov.uk www.newport.gov.uk	Monmouthshire 01291 635721 childduty@monmouthshire.gov.uk www.monmouthshire.gov.uk	Torfaen 01495 766187 your.call@torfaen.gov.uk www.torfaen.gov.uk
Blaenau Gwent 01495 315700 DutyTeam@blaenau-gwent.gcsx.gov.uk www.blaenau-gwent.gov.uk	Caerphilly 0808 100 1727 www.caerphilly.gov.uk/contact-us/General-enquiries/Children-and-family-contacts/Children-s_services.aspx	
Social Services Emergency contact If an emergency arises outside office hours, you should contact the South East Wales Emergency Duty team:		
Freephone: 0800 328 4432	Minicom: 0800 587 9963	Fax: 01495 767057
Complaints You may be receiving help from social services in some way. One of your rights is to make a complaint if there is something you are unhappy or worried about. We aim for high standards but sometimes things do go wrong. Unless you tell us, we will not know that you are unhappy. If you do contact us, we will be able to work with you to put things right as soon as possible. Guidance from the Welsh Assembly Government tells us how we must handle complaints.		
Newport 01633 656656 Complaints@newport.gov.uk www.newport.gov.uk	Monmouthshire 01633 644672 listentome@monmouthshire.gov.uk www.monmouthshire.gov.uk	Torfaen 01495 742164 corporatecomplaints@torfaen.gov.uk www.torfaen.gov.uk
Blaenau Gwent 01495 357715 social.services.complaints@blaenau-gwent.gov.uk www.blaenau-gwent.gov.uk	Caerphilly 0800 328 4061 Email: socialservices@caerphilly.gov.uk www.caerphilly.gov.uk/	
Direct Payments A Direct Payment is a payment made to people who are eligible to receive community care services from the council and who are willing and able to arrange their own services. Direct payments are used to buy services, in full or in part, to meet assessed needs, as described in a care plan. The person receiving direct payments takes responsibility for managing their own care arrangements on a day-to-day basis which could mean that they become an employer. For further information contact:		
Newport 01633 656656 direct.payments@newport.gov.uk www.newport.gov.uk	Monmouthshire 08006524121/07825 315761 listentome@monmouthshire.gov.uk www.monmouthshire.gov.uk	Torfaen 01495 766220 independentlivingteam@torfaen.gov.uk www.torfaen.gov.uk
Blaenau Gwent 01495 355265 directpayments@blaenau-gwent.gov.uk www.blaenau-gwent.gov.uk	Caerphilly 0808 100 2500 Email: contactandreferrals@caerphilly.gov.uk	

Education

SNAP Cymru Provide information, advice and support about concerns that may affect children and young people's education and development.		
Helpline: 0808 801 0608	Email: enquiries@snapcymru.org	www.snapcymru.org
Free School Meal / School Uniform Grant Children and young people are entitled to free school meals if their parents or carers receive certain benefits. Year 7 pupils starting secondary school who are entitled to free school meals may also be entitled to a school uniform grant. Applications should arrive no later than the end of the summer term so that they can be processed for the start of the new school year.		
Newport 01633 656656 www.newport.gov.uk	Monmouthshire 01633 644644 www.monmouthshire.gov.uk/education-2/	Torfaen 01495 742291 www.torfaen.gov.uk
Blaenau Gwent 01495 315700 www.blaenau-gwent.gov.uk	Caerphilly 01443 864055 Caerphilly - Caerphilly County Borough	

Families First

Families First Newport 'Families First' is a Welsh Government programme designed to improve outcomes for children, young people and families. It emphasises prevention and early intervention for families. Supporting the family, often involves many different teams and services. We want to ensure that these services work well together so that these families are supported. In Newport the Families First strands include: <ul style="list-style-type: none">• Children with Additional Needs (CANS)• Children & Young People Skills• Family Skills• Family Wellbeing• Confident & Nurturing Families• Prevention Team TAF Newport For further information or to self-refer into one of the Families First strands contact:		
01633 851782	Families1st@newport.gov.uk	www.familiesfirstnewport.org.uk
Families First Monmouthshire 'Families First Programme' can provide your family with help, advice, and support to prevent any issues or problems you may have from getting worse. Our 'Families First' teams, will work with your family to help you look at what is working well in your life, to decide what help you need for your family to thrive. A range of support is available through our programme. Here in Monmouthshire, we have designed services which meet the specific needs of your family. <ul style="list-style-type: none">• Face to Face• Building Stronger Families• Acorn Project• Watch Wait and Wonder• Young Carers Service• Disability Play Access For further information contact:		
01633 644152	contact@monmouthshire.gov.uk	www.monmouthshire.gov.uk/families-first

Families First Torfaen

Everyone needs a bit of extra support from time to time. Having a Team Around your Family will help to bring people together who can help you and your family, to work with you to find solutions and bring about change. This is called the Torfaen Family Support programme and it works together with children, young people, and their families.

Families First is a Torfaen wide project and works across 5 main strands, these include:

- Early Years
- Disabilities
- Youth Support
- Family Achievement Programme (FAP)
- Bron Afon Aspire Home Family Links

Families First is referral only (either by self-referral or by professional) and upon receipt a family support assessment is undertaken which is based on family's strengths and needs. This assessment will help to identify and understand any support required.

South Team - 01495 742854
North Team - 01495 742827

TAFCo-ordinator@torfaen.gov.uk

torfaenfis.org.uk/families-first

Families First Blaenau Gwent

The Families First program is funded by the Welsh Government to help families who are facing difficulties. The Families First team offers different types of support depending on need. Complicated problems will need lots of support; however, some families may need help to overcome smaller problems to stop them getting worse.

Families First is all about providing support to the whole family. In Blaenau Gwent the Families First programme has a centrally located team at Heart of the Valleys Integrated Children's Centre, High Street, Blaina.

The teamwork with the family to look at the different issues they may be facing and offer the family a JAFF (Joint Assessment Family Framework). This process allows the needs of each family member to be highlighted and managed through the allocation of a key worker. A Team Around the Family (TAF) approach is then used to support the family through their journey.

The key worker makes sure different services work together to offer the best support that may include Schools, Health Visitors, Police and Housing.

0800 0323339

fis@blaenau-gwent.gov.uk

www.blaenau-gwent.gov.uk

Families First Caerphilly

Wellbeing

This project offers support for families who suffer with low mood, anxiety, depression, social isolation, or traumatic life experiences and will help to build resilience, improve emotional wellbeing, and support families to feel more positive and confident.

Supporting Family Change

SFC coordinates support for families in times of need. The project brings together a Team Around the Family (TAF) who can offer support for a wide range of needs, particularly when a family have more than one problem. A lead worker works with the family, along with other agencies to develop a multi-agency plan that focuses on the families' strengths and helps break the cycle of issues they face, building resilience and accessing other opportunities which meet the families' needs.

Confident Parents, Stronger Families

Aims to assist the development of parenting skills, increase parental capacity, and improve family relationships, offering support with a range of needs such as routines, behaviours, and aggression. Families will receive initial individual sessions in the home, and then progress onto attending a group-based programme or further individual work based on the need of the family.

Advocacy

There are two advocacy services on offer within this project. Children and young people advocacy provide a confidential, independent service that supports children and young people by helping them to be heard. Parent advocacy also works on a 1:1 basis to enable the parent to be supported and guided through a particular issue.

0808 100 1727

Email:
familiesfirst@caerphilly.gov.uk

www.caerphilly.gov.uk/FamiliesFirst

Carers

Young Carers Project The Young Carers Project can provide information, advice and practical support for children/young people under 18 who have caring responsibilities for family members. For more information contact:		
Newport 01633 251192 barnardosnewportservices@barnardos.org.uk	Monmouthshire 01633 644644 youngcarers@monmouthshire.gov.uk	Torfaen 01633 648113 / 01495 762200 socialcarecalltorfaen@torfaen.gov.uk
Blaenau Gwent 01495 315700 duty.team@blaenau-gwent.gov.uk	Caerphilly 0808 100 1727 caers@caerphilly.gov.uk	
Carer's Emergency Card This card identifies you as a carer if you have had an accident or are unable to identify yourself. It tells people that you are a carer and that someone depends on you to look after them		
Newport 01633 656656 community.connectors@newport.gov.uk	Monmouthshire 01633 644567 carers@monmouthshire.gov.uk	Torfaen 01495 753838 torfaencarers@gmail.com
Blaenau Gwent 01495 315700 duty.team@blaenau-gwent.gov.uk	Caerphilly 01443 864604 caers@caerphilly.gov.uk	
Adferiad – Supporting People Adferiad is the leading provider of practical support for carers and those with care needs living in Southeast Wales operating throughout Blaenau Gwent, Caerphilly, Cardiff, Monmouthshire, Newport and Torfaen. The service is primarily about giving time – improving the lives of carers by giving them time to be themselves and have a break from caring. Adferiad delivers high quality services for carers and people with care needs. They provide services that respond to the needs of carers and the people they support, offering them peace of mind and understanding. They also work with carers and other stakeholders to influence service innovation and growth.		
01495 367564	gwentcarershub@adferiad.org	www.adferiad.org
Torfaen Carers Centre Offers support and advice for carers living in Torfaen. They provide a one stop shop where carers can obtain information about a whole range of issues, including respite care, transport and personal care for the person they care for. Carers are encouraged to call in for a coffee, chat and information when they are passing. The Carers Centre has a full itinerary of activities. It is open Monday to Friday from 11.00am to 3.00pm. Telephone: Email:		
01495 753838	torfaencarers@gmail.com	
Monmouthshire Carers Network The network is led by Monmouthshire County Council's Carers Team, whose aim is to support unpaid carers who are caring for someone living in Monmouthshire by: <ul style="list-style-type: none">• Giving them an opportunity to talk about their needs as an unpaid carer• To identify what support they may need as an unpaid carer• To signpost or help them to access the right support as an unpaid carer• To access information, advice and assistance If an unpaid carer registers with the Monmouthshire Carers Network they will receive: <ul style="list-style-type: none">• A regular Monmouthshire Carers Network newsletter• Invites to free carers events• The opportunity to meet other unpaid carers• 25% discount off MonLife (Monmouthshire Leisure Services)		
07890 024699	carers@monmouthshire.gov.uk	

Newport Carers Network

Community connectors work with individuals, groups and organisations across the Newport area to provide information and advice about available support, help you to find local activities and meet more people in your community. Sign up to the Carers Network to receive regular e-bulletins and up-to-date carer news.

01633 656656

community.connectors@newport.gov.uk

www.newport.gov.uk

Blaenau Gwent Carers – Carers Engagement Service

Do you look after a family member, friend or even a neighbour?

Do you offer support to someone who without your help could not manage to live independently?

Perhaps for example you support someone to maintain their own personal care needs, medication prompts, prepare and cook meals or carry out domestic/laundry tasks.

If so, you are a Carer

The Carers Engagement Service is based weekly within your local GP Surgery, our service is able to offer informal carers **free information and advice** relating to issues experienced around caring. Please feel free to drop in and meet us, we are here to help and support you, staff within your surgery can let you know when we are

We can help you by offering:

- Information and advice on Carers services e.g. Respite Care, Welfare Rights, Carers Rights and other relevant support agencies
- Advise on the benefits of having a Carers Assessment completed by your Local Authority
- Information about social activities, training and looking after yourself
- Information about our Carers Small Grant Scheme
- Provide a listening ear - someone to talk to

01495 315700

DutyTeamAdults@blaenau-gwent.gov.uk

[Carers | Blaenau Gwent CBC \(blaenau-gwent.gov.uk\)](http://blaenau-gwent.gov.uk)

Caerphilly Care Support

Carers support is available from Caerphilly County Borough Council, providing help and support including regular newsletters, carers assessments, carers events and support groups. For more information contact:

01495 233218

Caerphilly - Caerphilly County Borough

GWENT PARENT CARER NETWORK

The GWENT PARENT CARER NETWORK group is a volunteer run charity covering the whole of Gwent. GPCN is free to join and open to all families with children or young adults with additional needs who need support and information.

The group offers ongoing support through activities and social groups across the county.

We also provide a Facebook community page where parent carers can support each other through peer-to-peer advice and support and through the sharing of information from our partner organisations. Examples include:

- Information and support for parents carers
- Regular carers activities providing an opportunity for parents carers to relax and meet other parent carers
- Soft play for children with additional needs and their siblings - Abergavenny
- Regular monthly coffee drop-in groups for parents and carers - Abergavenny, Monmouth and Chepstow
- Seasonal fully accessible parties and family events
- Working in partnership with other charities and local groups such as Ready Steady Go, Contact, Bridges, Sparkle etc.

- Campaigning and fundraising for better resources for children and young people with additional needs including respite care, support and services.
- We support any family member who has caring responsibilities for a child or young person with additional needs, this also includes foster parents.

Facebook: **GWENT PARENT CARER NETWORK**

Contact: GwentPCN@yahoo.com

Advice, Information & Advocacy Services

Sparkle Family Liaison Information Service

The Family Liaison Officers can help with enquiries you may have with regards to appropriate services or leisure activities to support families. They can act as a first point of contact to help families navigate the 'system', signpost to correct professionals and provide resources. They can assist with financial queries and support groups available. For further information please contact the Family Liaison Officers on:

Email ABB.FamilyLiaisonOfficer@wales.nhs.uk

Serennu Children's Centre

01633 748013

Nevill Hall Children's Centre

01873 732712

Caerphilly Children's Centre

02920 867447

www.sparkleappeal.org

Index & Information Service for Disabled Children & Young People

Would you like to receive a leisure card (ages 4-17), receive information about events & activities, be consulted on relevant issues. For further details, please contact the Information Officer on:

01633 656656

children.disabilities@newport.gov.uk

www.newport.gov.uk/disabledchildren

Citizens Advice Bureau

Income maximisation information and advice service for families with a disabled child.

Newport

01633 222622

www.newportcab.org.uk

Monmouthshire

0344 4772020

www.monca.org.uk

Torfaen

03444 772020

www.catorfaen.org.uk

Blaenau-Gwent

www.citizensadvicecbg.org.uk

Caerphilly

www.citizensadvicecbg.org.uk

National Youth Advocacy Service (NYAS)

NYAS provides advocacy and legal representation to children and vulnerable adults when important decisions are being made about them. The children and young people NYAS work with might be in care, have a disability or special needs, be subject to child protection plans, have mental health difficulties or their parents might be separating.

Helpline: 0808 808 1001

Email: info@nyas.net

www.nyas.net

Contact

Contact provides support, advice, and information for families with disabled children, no matter what their condition or disability. They have produced guides for parents on a wide range of topics, Benefits, Education, Equipment & Adaptations, Transition, Relationships, Sleep, Potty Training and many more.

Freephone helpline on 0808 808 3555

www.contact.org.uk

Family Fund

The Family Fund can help families across the UK who are raising a child or young person with a disability or a serious illness. Grants for essential items help ease the additional pressures that families face and increase their quality of life.

Tel: 01904 550055, Text phone 01904 658085

Email: info@familyfund.org.uk

www.familyfund.org.uk

Cerebra

Cerebra help children 16 or under with a wide range of neurodevelopmental disorders and conditions. Some of the services provided are information and advice, over the phone or through our website, face to face support through our network of Regional Parent Support Officers, sleep service, grants, free postal lending library for books and sensory equipment, a free telephone counselling service, a holiday home, an innovation centre who design bespoke equipment to meet family's needs, a monthly e-newsletter full of informative articles and stories. For more information contact:

Helpline (Freephone): 0800 328 1159

Email: info@cerebra.org.uk

www.cerebra.org.uk

Early Years

Family Information Service

If you live or work with children or young people from 0 to 19 and are looking for childcare, information about early years education, activities for your children or parenting support, The Family Information Service (FIS) is here to help.

Newport 0800 328 8483 family.information@newport.gov.uk www.newport.gov.uk/fis	Monmouthshire 01633 644527 Email - childcare@monmouthshire.gov.uk Gwybodaeth Gofal Plant Cymru - Child Care Information Wales	Torfaen 0800 0196330 Email - FIS@torfaen.gov.uk Here for you (torfaenfis.org.uk)
Blaenau Gwent 0800 032 3339 Email - FIS@blaenau-gwent.gov.uk Family Information Service Blaenau Gwent CBC (blaenau-gwent.gov.uk)	Caerphilly https://www.caerphillyearlyyears.co.uk/family-support/fis/	

Flying Start

Flying Start is a Welsh Government programme available in certain areas to support families with children aged 0-3 years. It promotes language, cognitive, social and emotional skills, physical development and the early identification of high needs through the delivery of health support, parenting groups, early language support and free part-time childcare.

Contact your local flying start to enquire about what services they offer.

Newport 01633 656656 flying.start@newport.gov.uk www.newport.gov.uk	Monmouthshire 01873 856162 Email - flyingstart@monmouthshire.gov.uk Flying Start / Childcare for Two Year Olds - Monmouthshire	Torfaen 0800 0196330 Email - FIS@torfaen.gov.uk Flying Start (torfaenfis.org.uk)
Blaenau Gwent 01495 354786 Email - Sherelle.jago@blaenau-gwent.gov.uk Flying Start Blaenau Gwent CBC (blaenau-gwent.gov.uk)	Caerphilly 01443 863232 https://www.caerphillyearlyyears.co.uk/	

Leisure & Sport Activities

Disability Sports Activities / Clubs

For information about the activities / clubs running contact the following:

Official Website of Disability Sport Wales

Stephen McGrath

Regional Partnership Senior Officer – Gwent

07918 404 465

stephen.mcgrath@disabilitysportwales.com

Sparrows

Sparrows Sparrows is an inclusive group for families with members who have additional needs. You can attend the group if you are going through the diagnosis process. They run disability friendly events (for example – cycling, soft play, swimming) and educational courses to help families thrive.

07886809326

Email: Sparrowsaln@hotmail.com

[Sparrows Aln Group – Together we fly \(wordpress.com\)](https://www.sparrowsaln.com)

ReWild PLay

We are a registered charity based in South Wales, covering Newport, Cardiff, Caerphilly, Torfaen, Monmouthshire, Blackwood, Merthyr (the whole region).

We organise meet ups and activities to support children and their families. You do not need a formal diagnosis to access our services. Children have a variety of needs, ALN, ADHD, mental health and physical disabilities. No one is excluded.

<https://www.facebook.com/groups/293173581233141/>

Valley Daffodils

Valley Daffodils is a local group for families of both children and young adults of all disabilities and additional needs. They run weekly and monthly events enabling family time, fun and friendships.

07436 867196

Email: hello@valleydaffodils.co.uk

www.valleydaffodils.co.uk – A registered charity for individuals with all disabilities and additional needs

Activities / Clubs at Serennu Children's Centre

Sparkle leisure clubs for children aged 5 -11 with a diagnosed or undergoing diagnosis of disability or developmental difficulty. For information about the activities / clubs running please contact the Sparkle Team or the Family Liaison Officer on

01633 748092 / 748093

Email: Abb_sparkleactivities@wales.nhs.uk

Cinema – CAE Card

The Cinema Exhibitors' Association Card is a national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. For further information contact:

Tel: 0845 123 1292 Minicom / Text phone: 0845 123 1297

Email: info@ceacard.co.uk

www.ceacard.co.uk

Theatre – Hynt Card

Hynt is a national access scheme that works with theatres and arts centres in Wales to make sure there is a consistent offer available for visitors with an impairment or specific access requirement, and their Carers or Personal Assistants. This site will tell you all you need to know about Hynt: who it's for; what it provides; and how to become a member. If you need support or assistance to attend a performance at a theatre or arts centre then you may be eligible to join Hynt. For further information please contact

Help desk: 0344 225 2305

Text relay service: 18001 0344 2578858

Email: info@hynt.co.uk

www.hynt.co.uk

Travel

Disabled Persons' Concessionary Travel Pass

These are issued to citizens who meet one or more of the following criteria:

blind or partially sighted, profoundly or severely deaf, without speech, have reduced ability to walk or are unable to walk, are without arms or have a long-term loss of use of both arms, have a learning disability, are unfit to drive for medical reasons

Companion Bus Pass

A Companion Bus Pass can be issued to applicants who meet the criteria for a Disabled Persons' Concessionary Travel Pass and who are so severely disabled that it would be impossible for them to use public transport without the assistance of a companion.

Newport 01633 656 656 Apply online at: www.newport.gov.uk	Monmouthshire 01633 644644 Apply online at: www.Monmouthshire.gov.uk	Torfaen 01495 762200 Apply online at: www.torfaen.gov.uk
Blaenau-Gwent 01495 742744 www.blaenau-gwent.gov.uk	Caerphilly 01443 866955 https://www.caerffili.gov.uk/services/transport-and-parking/concessionary-travel-cards?lang=en-GB	

Orange Wallet Scheme

The orange wallet has been designed for people who would like support to communicate with staff when using buses or trains, especially those with an Autism Spectrum Disorder. The Orange Wallet does not provide any financial benefit or priority over other passengers. Its purpose is to support communication.

You can also obtain an orange wallet emailing the Gwent service - asdservice.abb@wales.nhs.uk

01443 715044

[Orange wallet - Niwrowahaniaeth Cymru | Neurodivergence Wales | National Neurodivergence Team](#)

Radar National Key Scheme (NKS)

The RADAR NKS provides special keys for registered disabled people to access locked public toilets around the UK. Disability Rights UK sell RADAR Keys for disabled toilets for a small fee. For further information contact:

020 7250 8191 / 020 7250 8181
01395 222588

shop@disabilityrightsuk.org
sales@radarkey.org

www.Disabilityrightsuk.org
www.radarkey.org/index

Disabled Person Rail Card

Get 1/3 off adult rail fares for travel on the National Rail network in Great Britain.

If you are travelling with another adult, they will also get 1/3 off their rail fare, so you can save money for a friend or family member too! There are no time restrictions on the Disabled Persons Rail Card, so you can use it to get a discount on tickets at any time of the day. Five to 15-year olds that are eligible can apply for a Disabled Persons Railcard. While the Railcard does not offer discounts on child fares, it will allow one person travelling with the cardholder to get 1/3 off most rail fares.

For further details including eligibility criteria contact:

Telephone: 0345 605 0525

Minicom/Textphone: 0345 601 0132

Email: disability@atoc.org

www.disabledpersons-railcard.co.uk

Patient Transport

Patient Transport is available for patients to use when attending NHS appointments. Once you make contact for transport you will be asked a series of questions that will determine whether you are eligible for transport

Telephone Number: 0300 123 2303

Apply for or renew a Blue Badge

Check your eligibility and apply for a Blue Badge. You can also use this service to reapply for a Blue Badge. You can apply for yourself, someone else or an organisation.

Apply or renew online

You'll need a recent digital photo showing your head and shoulders.

You'll also need a photo or scan of your:

- proof of identity (such as a birth certificate, passport or driving licence)
- proof of address (such as a Council Tax bill or government letter)
- proof of benefits (if you get any)

You'll also need to know:

- your National Insurance number (if you have one)
- the details of your current Blue Badge (if you're reapplying)

You can save and return to your application at a later date if you need to.

Newport Blue Badge scheme: information from your council: search result - GOV.UK (www.gov.uk)	Monmouthshire Applying for a Blue Badge - Monmouthshire	Torfaen Blue Badge Scheme Torfaen County Borough Council
Blaenau Gwent Applying for a Badge Blaenau Gwent CBC (blaenau-gwent.gov.uk)	Caerphilly Caerphilly - Caerphilly County Borough	

Support

Gwent Carers Hub

About the Project

The Gwent Carers Hub (funded by the Gwent Regional Partnership Board) is situated in the heart of Pontypool town and offers unpaid carers a safe space to talk about you and your caring role.

Together, we can identify how Gwent Carers Hub and other local services can help you to understand, achieve and grow as an unpaid carer.

Looking after your own wellbeing is essential to you and the person you care for. We understand how hard being an unpaid carer is and we are here to support you.

Do you look after a family member, friend or even a neighbour? Do you offer support to someone without your help could not manage to live independently? If so you are a Carer.

The Hub provides support to all unpaid carers such as:

- Young carers
- Parent Carers
- Partner Carers
- Sibling Carers
- Friend Carers
- The service offers support with:
 - Advice and support for all unpaid carers
 - Carers groups
 - Signposting to other avenues of support to meet specific needs
 - Referral for a carers assessment
 - Referral to local authority
 - One-to-one support in person or on the phone

- Help to apply to our small grant scheme
- Carers Events
- Accessing Outreach Workers at one of their events in your local authority if you are unable to get to our hub
- Physical and mental wellbeing
- Emotional wellbeing
- Financial wellbeing

The Gwent Hub and Spoke outreach work is funded by the Gwent Regional Partnership Board.

[Gwent Carers Hub and Spoke - Adferiad](#)

gwentcarershub@adferiad.org

Gwent Parent Carer Network

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- Soft play for children with additional needs and their siblings – Abergavenny
- Regular monthly coffee drop-in groups for parents and carers - Abergavenny, Monmouth and Chepstow
- Seasonal fully accessible parties and family events
- Working in partnership with other charities and local groups such as Ready Steady Go, Contact, Bridges, Sparkle etc.
- Campaigning and fundraising for better resources for children and young people with additional needs including respite care, support and services.
- We support any family member who has caring responsibilities for a child or young person with additional needs, this also includes foster parents.

GwentPCN@yahoo.co.uk

Facebook: GWENT Parent Carer Network

Caudwell Children

Caudwell Children provide family support services for disabled children and their families across the U.K. Caudwell Children also provide grants for sensory equipment.

contact: 01782 433730 support@caudwellchildren.com

www.caudwellchildren.com

ASD Support - Monmouthshire

Who can access the Autism Family Support for Monmouthshire?

Any parent or carer in Monmouthshire who cares for a child or Adult who is or may be on the autism spectrum.

Your child does not need to have a formal diagnosis to access the project – if you are concerned that your child may have an autism spectrum disorder you can refer yourself for advice and support.

Once a referral has been received, the Family Support Coordinator will arrange a Teams or Telephone meeting with you. This will normally last about an hour:

- find out more about your child/young person
- explore how autism is affecting the particular individual involved

Following the initial visit, the Autism Family Support Coordinator will offer follow-up appointment as appropriate and invite parents to support groups.

Telephone: 07555 798409

Email: emma.howick@bridgescentre.org.uk

ASD Support – Torfaen

The Autism Support Officer works with parents, schools and other professionals of pupils who have a diagnosis of ASD. The officer provides advice, guidance to support schools to plan for children and young people on the ASD spectrum and ensure they are included and have their needs met.

Focus areas:

Newly diagnosed

Transition support

A range of resources and training is provided for schools, parents and professionals.

Referral Route

Referral form is required to be completed by a professional with parental consent.

Or Parents/carers can make a direct referral

Telephone: 01495 766967

Email: Cheryl.deneen@torfaen.gov.uk

Parents Network Caerphilly

The Parent Network is a free membership organisation, set up with parents for parents. The network was formed in 2000.

The Network provides ways to bring parents together and involve them in giving their views and influence services for children and families across the borough.

On the website there is information on how you can get involved. As a member of the Parent Network, you will receive a bi-annual newsletter and invitations to participate in twice yearly conferences called Planet Events. These are free events which include lunch, crèche and in many cases free transport can be provided to and from the venue.

Parents Network hold forums in a range of venues across the borough, details of these meetings can be found under the forum tab. The forums are a way of meeting other parents sharing your ideas and getting information. The forum also allows us to offer training and workshops to parents such as child protection training and internet safety workshops, but there are other opportunities such as relaxation and pamper sessions, nail art, model making art and craft sessions the list is endless and is guided by the parents in the groups so join in and let us know what you want.

Sometimes parents are asked to come together to form focus groups these discuss a particular subject over 2 or 3 meetings such as 'play opportunities. The information from these focus meetings is then used to shape a strategy or an organisations action plan.

Telephone: 01443 875 444 admin@parentcaer.org.uk

<https://www.facebook.com/ParentNetworkCaerphilly>