



*Together we learn, together we grow.*

Dear Parents/Carers,

Annwyl Rhieni,

# Anti-Poverty Parent Survey - Summary:

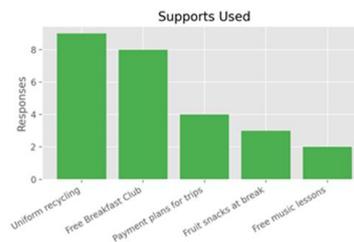
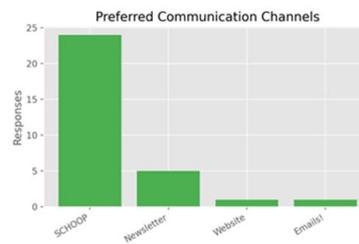
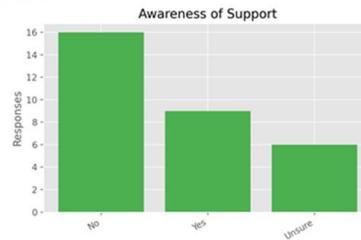
## Anti-Poverty Parent Survey – Summary

Thank you for sharing your views! Here is what parents told us about support at Dewstow Primary School. We want to make things clear and easy for everyone.

### Key Points

- Most parents were not aware of the school's Anti-Poverty Strategy.
- SCHOOP is the most popular way to receive information.
- Breakfast Club and uniform recycling are the most used supports.

### What you told us:



### What we will do next

- Share more information about available support through SCHOOP and newsletters.
- Keep Breakfast Club and uniform recycling easy to access.
- Look at ways to make trips and clubs more affordable.
- Offer parent coffee mornings to talk and share ideas.

## Cost of Living Support:

January can bring struggles to a lot of families, Monmouthshire County Council have a lot of Cost of Living Support available on their webpage, please click here<sup>1</sup> to access.

## Promoting Sleep in Children:

Some parents/carers may find this toolkit<sup>2</sup> useful.

## Diary Dates:

Dates for your diary		
<b>January</b>		
20/01/2026	AM	Reception 'See How They Learn' course
20/01/2026	AM	Year 1 Pedestrian Crossing Workshop
21/01/2026	PM	Year 4 Library Visit
23/01/2026	PM	Year 6 Swimming
27/01/2026	AM	Reception 'See How They Learn' course
27/01/2026	AM	Year 1 Pedestrian Crossing Workshop
30/01/2026	PM	Year 6 Swimming
<b>February</b>		
03/02/2026	AM	Reception 'See How They Learn' course
03/02/2026	AM	Year 1 Pedestrian Crossing Workshop
04/02/2026	PM	Year 5 Library Visit
05/02/2026	PM	PTFA - St Valentine's Disco
06/02/2026	PM	Year 6 Swimming
10/02/2026		Safer Internet Day
10/02/2026	AM	Year 1 Pedestrian Crossing Workshop
12/02/2026		Caldicot Round Robins Football and Netball
12/02/2026		Pupils Break up from school
13/02/2026		School Closed INSET Training Day
23/02/2026		Pupils return to school
27/02/2026		Eisteddfod
27/02/2026	PM	Year 4 Swimming
<b>March</b>		
04/03/2026	PM	Year 6 Library Visit
05/03/2026		World Book Day
06/03/2026	PM	Year 4 Swimming
12/03/2026		PTFA - Mothers Day Gift Sale
13/03/2026	PM	Year 4 Swimming
16/03/2026		School Closed INSET Training Day
17/03/2026	PM	Parent Consultations
18/03/2026	PM	Parent Consultations
20/03/2026	PM	Year 4 Swimming
23/03/2026	All day	Year 3 to Year 6 Anti-Racism Workshops
27/03/2026	PM	Year 4 Swimming

## Workshops:

Some of our families may find the attached workshops useful. They are online workshops and you do not have to have your camera on. Full details are on the posters, simply scan the QR code to book a place.

---

<sup>1</sup><https://www.monmouthshire.gov.uk/money-matters/>

<sup>2</sup><https://www.dewstowprimary.org.uk/wellbeing>

## HELPING HANDS OUTREACH VIRTUAL WORKSHOPS: DEC 25-MAR 26

We run monthly workshops on a range of topics including: Exploring Behaviours That Can Challenge, Introduction to Sleep, Supporting Anxiety in Children, Supporting with Transitions.

These group workshops are open to any parents/carers of children with additional needs, including families and professionals linked with Serennu, Nevill Hall and Caerphilly Children's Centre. For more information, please speak to the Family Liaison Officer at your local Children's Centre.

The workshops will take place online via a video-call.



**MONDAY 19TH  
JANUARY  
10AM - 12NOON**

### EXPLORING BEHAVIOURS THAT CAN CHALLENGE

We will be sharing ideas behind behaviour support and help you to understand and respond to behaviours that can often challenge.

**Book by Midday on Wednesday 14th January**

**MONDAY 2<sup>ND</sup>  
FEBRUARY  
10AM-12NOON**

### SUPPORTING ANXIETY IN CHILDREN

We will share ideas about how to support children and young people with anxiety and worry.

**Book by Midday on Wednesday 28th January**

**MONDAY 2<sup>ND</sup>  
MARCH  
10AM-12NOON**

### INTRODUCTION TO SLEEP

We will share ideas about how to manage common sleep difficulties in children and young people.

**Book by Midday on Wednesday 25<sup>th</sup> February**



### BOOK A SPACE OR SUBSCRIBE TO OUR MAILING LIST

To book a space on one of these workshops, or subscribe to our workshop mailing list for updates on all our future workshops, you can:

- Scan the QR code • Click on the QR code
- Follow this link <https://forms.office.com/e/DfgfWSd0kk>

We also run additional workshops that are jointly designed and delivered with our health colleagues in the Children's Centres.

These workshops need to be booked using separate QR codes.

**MONDAY 1<sup>ST</sup>  
JUNE  
10AM-12 NOON**

### PREPARING FOR AND SUPPORTING THROUGH PUBERTY

We are really excited to bring to you a brand new workshop. We have been working on this for some time to following some direct requests from families. It is our pleasure to introduce our

'Preparing For & Supporting Through Puberty'

During this workshop we will share ideas and resources related to the following topics:

- Puberty in the context of children with additional developmental needs
- Body Parts & Preparing for Body Changes
- Privacy & Consent
- Puberty
- Masturbation
- What this means for you as Parents/Carers

To book onto this workshop, please scan or click on the QR code or follow this link: <https://forms.office.com/e/kzDF8c9jbb>



**WEDNESDAY 25TH  
FEBRUARY  
10AM-12NOON**

### SUPPORTING COMMUNICATION

A workshop delivered jointly with a Speech and Language Therapist.

The workshop aims to help you to:

- Understand how communication develops in children and means of communication
- Explore why some children develop communication difficulties
- Explore the related challenges that can develop alongside communication difficulties
- Think about different means to support your children to communicate

To book on this workshop, please scan or click on the QR code or follow this link: <https://forms.office.com/e/qpyjE-JLPTN>





# Multiply

**NEW**

**FREE- ONLINE SESSIONS!**  
**Starting:**  
**Wednesday 21<sup>st</sup> January**  
**(4 weeks)**  
**Time: 12:30 - 1:30 pm**

**Meaningful Maths**  
*Understanding Your*  
**Child's Journey**  
**YEARS 3-6 (KS2)**

Learn how your children are taught maths in Years 3-6.

Tips, tricks and ideas for engaging your children in maths at home.

Open to all parents, grandparents and carers in Monmouthshire!

To book your space, email [isabelcook@monmouthshire.gov.uk](mailto:isabelcook@monmouthshire.gov.uk)





monmouthshire sir fynyw    Economy Employment & Skills    Funded by UK Government



monmouthshire sir fynyw    Economy Employment & Skills    Funded by UK Government

# Literacy Lab

Join us for a 4-week ONLINE programme to learn more about how to support your child with their phonics, literacy and reading at home.

All FOUNDATION PHASE parents, grandparents and carers welcome!

To book your space, email: [isabelcook@monmouthshire.gov.uk](mailto:isabelcook@monmouthshire.gov.uk)

Starting: Monday 19<sup>th</sup> January  
 Time: 10:00 - 10:45am

**NEW FREE ONLINE COURSE!**

**Multiply** **NEW**

**FREE- ONLINE SESSIONS!**  
**Starting:**  
**Monday 19<sup>th</sup> January**  
**(4 weeks)**  
**Time: 12:30 - 1:30 pm**

**Meaningful Maths**  
 Understanding Your  
 Child's Journey  
**RECEPTION - YEAR 2**

Learn how your children are taught maths in Years R-2.

Tips, tricks and ideas for engaging your children in maths at home.

Open to all parents, grandparents and carers in Monmouthshire!

To book your space, email [isabelcook@monmouthshire.gov.uk](mailto:isabelcook@monmouthshire.gov.uk)

monmouthshire sir fynyw | Funded by UK Government | Economy Employment & Skills

Wellbeing Group:

**CHILDREN'S CENTRE PSYCHOLOGY**

**WELLBEING GROUP FOR PARENTS/CARERS**

**February 5<sup>th</sup>, 12<sup>th</sup> & 26<sup>th</sup> & March 5<sup>th</sup> 2026 - 12:30 - 2:30**

**WHAT IS IT ABOUT?**

Being a parent/carer of a child/young person with additional developmental needs brings huge amounts of joy and pleasure. But it can also bring a lot of challenging experiences. At times, we can all feel stressed, worried or uncertain in our role as caregivers.

This group is based on Acceptance and Commitment Therapy (ACT). ACT supports skills in managing difficult thoughts and feelings when they arise and helps us make choices which bring us closer to the hopes and dreams we have for our family.

**WHO IS IT FOR?**

Parents and carers of children with developmental delays and/or disabilities who access two or more services at their local Children's Centre.

**WHAT DOES IT INVOLVE?**

The four-session group takes place at **Serennu Children's Centre** on **Thursday 5<sup>th</sup>, 12<sup>th</sup> and 26<sup>th</sup> February and 5<sup>th</sup> March between 12:30 - 2:30.**

We will introduce you to practical skills and strategies from ACT which can help you to manage difficult thoughts and feelings. We will think about what really matters to you as a parent/carer and how those values can help you to respond in tricky situations.

**HOW TO FIND OUT MORE?**

You can register your interest for this group by scanning the QR code below, or following this link, both of which will take you to a form <https://forms.office.com/e/JckDE4JfTE>

“ The course highlighted the importance and effectiveness of how better I can feel by allowing myself 10 minutes daily ”  
 Anonymous parent

“ I can understand my worries and feelings better ”  
 Anonymous parent

## Awards:

Well done to all the children who have received awards this week. Bendigedig pawb!

Year Group	Seren yr wythnos	Behaviour of the Week Hot Chocolate Friday!	Attendance Cup
Nursery	Storm		88%
Reception	Mel	Vinnie	94.1%
Year 1	William	Frederick	91.7%
Year 2	Amelia and Brody	Bronwyn	97% ★
Year 3	Hollie	Conor	93.5%
Year 4	Freddie	Summer	95.7%
Year 5	Elliott	Lamia	92.7%
Year 6	Sophie and Arianna	Esmé	93.2%

Should you have any concerns, please do not hesitate to telephone school on 01291 636360, or email the school [Dew.Primary@monmouthshireschools.wales](mailto:Dew.Primary@monmouthshireschools.wales)<sup>3</sup>

Yours sincerely

Liz Bain

Headteacher / Pennaeth

---

<sup>3</sup><mailto:Dew.Primary@monmouthshireschools.wales>