



Together we learn, together we grow.

Friday 27th March 2026

Dear Parents/Carers,

Annwyl Rhieni,

It has been an incredibly busy half term, but one where all the children have continued to engage in their learning and make progress.

Easter Bunny:

Many thanks to the PTFA for arranging for the Easter Bunny to visit all classes and children. The children thoroughly enjoyed seeing the Easter Bunny.



Supporting your child's transitions Toolkit:

Please click here¹ to access a Toolkit to support your child through a time of change.

Prizes:

Due to an issue with delivery, prizes for the St David's Day Art Competition entries will be issued after the Easter Holidays.

New Dinner Menu:

monmouthshire
or **fynwy**

PRIMARY SCHOOL MENU

AVAILABLE DAILY
BREAD AND FRESH FRUIT
JACKET POTATOES
POTATOES
VARIOUS TOPPING
SALAD BAR

NO ALLERGENS OR SPECIAL DIETS PLEASE BRING THE BESTING SERVICE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Cod, Salmon or Prawn Curry with Mango Chutney Masala Potatoes or Potato Salad Tomato Ketchup Cucumber Dishes Fruity Puff Slices	Margherita Pizza or with Chicken or Beef Special Tomato Pasta with Garlic Bread Vegetable Pick & Mix Banana Cakes Chocolate Crunch	Roast Chicken or Green Pea Curry Yorkshire Pudding Roast & Boiled Potatoes, Gravy Vegetable Pick & Mix Cheese, Crackers, Apple	Beef Bulgoghase with Pasta & Cressy Bread or Mexican-Style Quesadilla with Potatoes, Gravy Herby New Potatoes Vegetable Pick & Mix Very Berry Fruit	Sweet Soy Chicken or Tofu Steamed Rice or Noodles Asian-style Vegetables Milk Cake Glaze of Milk
WEEK 2	Battered Fish Fillet, Salmon Popen or Green Pea Curry Chips or Beef Pasta Baked Beans / Peas Chester Cakes, Fruit Wedges	Pasta Bulgoghase or Mac & Cheese Garlic Bread Vegetable Pick & Mix Carrot Cake	Pork Loin or Pork Balls Yorkshire Pudding Roast & Boiled Potatoes, Gravy Vegetable Pick & Mix Fresh Media Crunch	Build Your Own Taco Bar Beef or Prawn Sling, Cheese to sprinkle, Hot Tomato Sauce or Steamed Rice Sausages Chocolate Biscuits	Curry Chik Korma, with Golden Pine Rice & Nuan Bread, or Cauliflower-Chicken Fritter Crispy Noodles Potatoes & Nuan Bread Vegetable Pick & Mix Raspberry Sticky Yogurt
WEEK 3	Cod, Salmon or Prawn Curry with Mango Chutney Katsu Curry Sauce Steamed Rice or Noodles Asian-style Vegetables Apple & Elderflower Crutch	Chef's Special Tomato Pasta or Oven Baked Lemons Garlic Bread Vegetable Pick & Mix Chocolate Cake	Roast Chicken or Cheesy Cauliflower Whizz Yorkshire Pudding Roast & Boiled Potatoes, Gravy Vegetable Pick & Mix Opa & Dumplings	Meat or Prawn Balls with Tomato Sauce Pasta & Cressy Bread Vegetable Pick & Mix Sunshine Cake & Custard	Curry Chik Mild Dal with Golden Pine Rice & Nuan Bread or Cheesy Broccoli Corn Slices Roast Cauliflower Steamed Rice & Noodles
APRIL 2023	MAY 2023	JUNE 2023	JULY 2023	SEPTEMBER 2023	OCTOBER 2023

NO ALLERGENS OR SPECIAL DIETS PLEASE BRING THE BESTING SERVICE

PLEASE SCAN QR CODE FOR FURTHER DETAILS OR VISIT OUR WEBSITE www.monmouthshire.gov.uk / [facebook](https://www.facebook.com/monmouthshiregov)

This menu has been analysed by Welsh Local Government Association and is certified compliant - the Healthy Eating in Schools Regulations 2013

¹<https://www.dewstowprimary.org.uk/wellbeing>

Awards:

Well done to all the children who have received awards this week. Bendigedig pawb!

Year Group	Seren yr wythnos	Behaviour of the Week Hot Chocolate Friday!	Attendance Cup
Nursery	Olivia		88.25%
Reception	Esmé	Blake	84.6%
Year 1	Ronnie	Gracie	93% ★
Year 2	Nora	Arabella	90%
Year 3	Joseph	Buddy	92.3%
Year 4	Poppy	Harry	92.5%
Year 5	Braedon	Lily	92.2%
Year 6	Jacob	Rhiyana	86.5%

Thank you:

I would like to say a huge thanks to the whole Dewstow Staff team. Everyone works incredibly hard to provide an education for the children and to support the children. I would also like to say thank you to all the parents/carers for your continued support.

Extra-Curricular Clubs:

These clubs will resume week commencing 20th April 2026.

Workshops:

Some of our families may find the attached workshops useful. They are online workshops and you do not have to have your camera on. Full details are on the posters, simply scan the QR code to book your place.

HELPING HANDS OUTREACH VIRTUAL WORKSHOPS: APRIL 26-JULY 26

We run monthly workshops on a range of topics including: Exploring Behaviours That Can Challenge, Emotional Regulation, and Supporting with Transitions.

These group workshops are open to any parents/carers of children with additional needs, including families and professionals linked with Serennu, Nevill Hall and Caerphilly Children's Centre.

The workshops will take place online via a video-call.



MONDAY 27TH
APRIL
10AM-12NOON

SUPPORTING CHILDREN WITH TRANSITIONS AND SEPARATIONS

We will share ideas about how to support children and young people with transitions and separations.
Book by Midday on Wednesday 22nd April

MONDAY 11TH
MAY
10AM-12NOON

EMOTIONAL REGULATION

We will share information about emotional regulation skills and how to support children with developing these skills.
Book by Midday on Wednesday 6th May

MONDAY 13TH
JULY
10AM-12NOON

EXPLORING BEHAVIOURS THAT CAN CHALLENGE

We will be sharing ideas behind behaviour support and help you to understand and respond to behaviours that can often challenge.
Book by Midday on Wednesday 8th July



BOOK A SPACE OR SUBSCRIBE TO OUR MAILING LIST

To book a space on one of these workshops, or subscribe to our workshop mailing list for updates on all our future workshops, you can:

- Scan the QR code • Click on the QR code
- Follow this link <https://forms.office.com/e/DfqfWsdOkk>

These workshops need to be booked using separate QR codes.

MONDAY 1ST
JUNE
10AM-12 NOON



PREPARING FOR AND SUPPORTING THROUGH PUBERTY

During this workshop we will share ideas and resources related to the following topics:

- *Puberty in the context of children with additional developmental needs*
- *Body Parts & Preparing for Body Changes*
- *Privacy & Consent*
- *Puberty*
- *Masturbation*
- *What this means for you as Parents/Carers*

To book onto this workshop, please scan or click on the QR code or follow this link: <https://forms.office.com/e/kzDFBcejb>

You can now access recordings of some of our workshops, including Exploring Behaviours That Can Challenge, Introduction to Sleep, and Supporting Anxiety in Children.

To access them, either follow the link or scan the QR codes below.



EXPLORING BEHAVIOURS THAT CAN CHALLENGE

We share ideas behind behaviour support and help you to understand and respond to behaviours that can often challenge.
<https://youtu.be/KXfMgk-sL4k>

SUPPORTING ANXIETY IN CHILDREN

We share ideas about how to support children and young people with anxiety and worry.
<https://youtu.be/nH-YXw4ZWYE>



INTRODUCTION TO SLEEP

We share ideas about how to manage common sleep difficulties in children and young people.
<https://youtu.be/YoM9LKSrRZ8>

Easter Half Term Activities:



CAMHS ONLINE WELL BEING WORKSHOPS EASTER HOLIDAYS 2026

CAMHS will be running a range of workshops on MS Teams during Easter Holidays 2026 for children & young people in year 6 & above, and their families, across Gwent. Please use the booking form/QR code below and make sure to book on at least 24 hours before the session.

Parents are welcome to attend with their young person, but we will not be able to answer any individual CAMHS queries during the workshop time.

TRANSITIONS

A 1.5 hour workshop exploring feelings and emotions associated with transition and change. We look at common worries associated with transition and discuss some coping strategies to positively manage.

WHEN?

Monday 30th March 2026
10am-11:30am

5 WAYS TO WELLBEING

1.5 hour workshop sharing tips and ideas on easy ways that students can actively improve their own well-being.

WHEN?

Monday 30th March 2026
1pm-2:30pm

LOOKING AFTER YOURSELF DURING EXAM SEASON

1.5 hour workshop supporting students to understand what stress is, how it can present itself in the body and providing strategies to combat the impact of exam stress.

WHEN?

Wednesday 8th April 2026 – 11am-12:30pm

BOOKING INFORMATION

To register for one of the listed sessions, follow the Microsoft Forms link or scan the QR code:
[CAMHS Well-being Online Workshops – Easter 2026 – Fill in form](#)



CHEPSTOW WE'RE COMING TO YOU!

We're excited to announce we will be hosting our successful football camp in the area this Easter.

LOCATION – Wyedean Secondary School

TIME – 9:00am-3:00pm (Extended hours available with our kids club)

AGES – 5-12 boys/girls

DATES – April 1st / April 8th

Champions League theme day April 1st

English leagues theme day April 8th

A full day full of football and fun

For more information contact Mark –

07444436637 / mark@prostars-fse.com

or to book visit [Prostars.ipalbookings.com](#)

A vertical poster for 'The Lil Rascals Easter Disco!'. The background is a vibrant blue sky with white clouds, a string of colorful triangular bunting at the top, and a green grassy field at the bottom. In the center, a pair of large white bunny ears with pink interiors sits on the grass, surrounded by several colorful Easter eggs. The text is white and yellow, providing event details and activities.

The Lil Rascals

EASTER DISCO!

The Easter Bunny is Coming!
Get Ready to Groove!

Thursday 9th
April 2pm-4pm

Magor Primary
School

Dancing | Face Painting | Games and Prizes!

For more information, contact info@thelilrascals.co.uk

A vertical poster for 'Easter Holiday Club'. The background is a bright blue sky with white clouds, a green grassy field at the bottom, and various Easter-themed illustrations including rabbits, butterflies, and eggs. The text is colorful and playful, detailing the club's schedule, location, and pricing.

Easter Holiday Club

at
Magor Primary School

Times: 8am - 6pm
Monday - Friday
excluding bank holidays

Ages 4-12 Tax-Free
Childcare and Childcare
Offer Wales accepted

From:
£35
per
session

End of Spring Term:

Today is the last day of the Spring Term. We return to school on Monday 13th April. We very much look forward to seeing the children return to school.

On behalf of all the staff and Governors, I would like to wish you all a very happy Easter and I really hope the sun shines!

Should you have any concerns, please do not hesitate to telephone school on 01291 636360, or email the school Dew.Primary@monmouthshireschools.wales²

Yours sincerely

Liz Bain

Headteacher / Pennaeth

²<mailto:Dew.Primary@monmouthshireschools.wales>